



L.E.T.S.
SAVE
LIVES

An Introduction to Suicide Prevention for Black and African American Communities

This presentation, created created in concert with an Advisory Committee of experts in Black and African American mental health and suicide prevention, is designed to reduce cultural stigma, foster conversations about mental health, and raise awareness of suicide prevention for people in Black and African American communities. The program is grounded in research and is developed and delivered by trained presenters who identify has having lived experience within Black and African American communities. While the program is designed for Black and African American audiences, it is open to anyone (18+) who wishes to attend.

Participants will learn common risk factors and warning signs in Black and African American communities, as well as how to keep ourselves, our loved ones and those in our community safe.



Date

Thursday, November 14, 2024

Time

6:00 PM PST

Location

VIRTUAL
(The meeting link will be sent out to all registered attendees on November 13.)

RSVP

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Riverside and San Bernardino
Counties, California

